

Psalm 069 - Messianic Psalm: The Silent Years of Jesus' Life

The Book of Psalms is quoted in the NT more than any other book in OT. Jesus said that the psalms spoke about Him (Luke 24:44) and they constitute irrefutable testimony to the Divine inspiration of the Scriptures. Messianic psalms include Psalm

2,8,16,22,23,24,40,41,45,68,69,87,89,102,110,118, et al.

Next to Ps 22, it is the most quoted psalm in the NT: Ps 22 deals with the death of Christ; Ps 69 deals with the life of Christ. Ps 69 is quoted in the Gospels of Matthew, Mark, Luke, John, and in Acts and Romans. (There are also many references to it beyond those actual quotations.)

This psalm tells us about the silent years of Christ's childhood and young manhood, of which the Gospels tell us practically nothing. Dr. Luke tells us about an incident in the life of our Lord when He was twelve years old, but we learn nothing else about Him until He is about thirty years old. This psalm fills in some of the details of those early years. We see some of Christ's dark days in Nazareth and His dark hours on the cross.

It is classified as an imprecatory psalm because of an imprecatory prayer: v22-28 And it is from this section of the psalm that the New Testament writers often quoted. His imprecatory prayer is actually a cry for justice. This is a psalm of His early humiliation and rejection.

Psalm 69

[To the chief Musician upon Shoshannim, A Psalm of David.]

1 Save me, God, For the waters have threatened my life.

1 Save me, O God, For the waters have threatened my life.

1 Deliver me, God, because the waters are up to my neck.

1 Save me, O God; for the waters are come in unto my soul.

2 I have sunk in deep mud, and there is no foothold; I have come into deep waters, and a flood overflows me.

2 I have sunk in deep mire, and there is no foothold; I have come into deep waters, and a flood overflows me.

2 I am sinking in deep mire, and there is no solid ground. I have come into deep water, and the flood overwhelms me.

2 I sink in deep mire, where there is no standing: I am come into deep waters, where the floods overflow me.

3 I am weary with my crying; my throat is parched; My eyes fail while I wait for my God.

3 I am weary with my crying; my throat is parched; My eyes fail while I wait for my God.

3 I am exhausted from calling for help. My throat is parched. My eyes are strained from looking for God.

3 I am weary of my crying: my throat is dried: mine eyes fail while I wait for my God.

4 Those who hate me without a cause are more than the hairs of my head; Those who would destroy me are powerful, those who oppose me with lies; What I did not steal, I then have to restore.

4 Those who hate me without a cause are more than the hairs of my head; Those who would destroy me are powerful, being wrongfully my enemies; What I did not steal, I then have to restore.

4 Those who hate me without cause are more than the hairs of my head. My persecutors are mighty, and they want to destroy me. Must I be forced to return what I did not steal?

4 They that hate me without a cause are more than the hairs of mine head: they that would destroy me, being mine enemies wrongfully, are mighty: then I restored that which I took not away.

5 God, You know my foolishness, And my guilt is not hidden from You.

5 O God, it is You who knows my folly, And my wrongs are not hidden from You.

5 God, you know my sins, and my guilt is not hidden from you.

5 O God, thou knowest my foolishness; And my sins are not hid from thee.

6 May those who wait for You not be ashamed because of me, Lord GOD of armies; May those who seek You not be dishonored because of me, God of Israel,

6 May those who wait for You not be ashamed through me, O Lord GOD of hosts; May those who seek You not be dishonored through me, O God of Israel,

6 Do not let those who look up to you be ashamed because of me, Lord God of the Heavenly Armies. Let not those who seek you be humiliated because of me, God of Israel.

6 Let not them that wait on thee, O Lord GOD of hosts, be ashamed for my sake: let not those that seek thee be confounded for my sake, O God of Israel.

7 Because for Your sake I have endured disgrace; Dishonor has covered my face.

7 Because for Your sake I have borne reproach; Dishonor has covered my face.

7 I am being mocked because of you. Dishonor overwhelms me.

7 Because for thy sake I have borne reproach; shame hath covered my face.

- There are two reasons He is bearing this:

(1) They hated Him because of who He was

(2) He came to take a lowly, humble place on earth

8 I have become estranged from my brothers, And a stranger to my mother's sons.

8 I have become estranged from my brothers And an alien to my mother's sons.

8 I am a stranger to my brothers, a foreigner to my mother's sons.

8 I am become a stranger unto my brethren, and an alien unto my mother's children.

9 For zeal for Your house has consumed me, And the taunts of those who taunt You have fallen on me.

9 For zeal for Your house has consumed me, And the reproaches of those who reproach You have fallen on me.

9 Zeal for your house consumes me, and the mockeries of those who insult you fall on me.

9 For the zeal of thine house hath eaten me up; and the reproaches of them that reproached thee are fallen upon me.

- This is a verse Jesus quoted in reference to His first encounter with the money changes in the temple courtyard (John 2:14-17)

- Paul also quotes this verse in Rom 15:3

10 When I wept in my soul with fasting, It became my disgrace.

10 When I wept in my soul with fasting, It became my reproach.

10 I weep and fast, and I am mocked for it.

10 When I wept, and chastened my soul with fasting, that was to my reproach.

11 When I made sackcloth my clothing, I became a proverb to them.

11 When I made sackcloth my clothing, I became a byword to them.

11 When I dressed in sackcloth, I became an object of gossip among them.

11 I made sackcloth also my garment; and I became a proverb to them.

12 Those who sit in the gate talk about me, And songs of mockery by those habitually drunk *are about me*.

12 Those who sit in the gate talk about me, And I *am* the song of the drunkards.

12 The prominent people mock me, composing drinking songs.

12 They that sit in the gate speak against me; and I was the song of the drunkards.

Seeking God for Deliverance

13 But as for me, my prayer is to You, LORD, at an acceptable time; God, in the greatness of Your mercy, Answer me with Your saving truth.

13 But as for me, my prayer is to You, O LORD, at an acceptable time; O God, in the greatness of Your lovingkindness, Answer me with Your saving truth.

13 As for me, LORD, may my prayer to you come at a favorable time. God, in the abundance of your gracious love, answer me with your sure deliverance.

13 But as for me, my prayer is unto thee, O LORD, in an acceptable time: O God, in the multitude of thy mercy hear me, in the truth of thy salvation.

- Paul quotes this in 2 Cor 6:2. The Gospel records tell us that our Lord prayed, but this psalm tells us *what* He prayed.

14 Rescue me from the mud and do not let me sink; May I be rescued from those who hate me, and from the depths of water.

14 Deliver me from the mire and do not let me sink; May I be delivered from my foes and from the deep waters.

14 Rescue me from the mud and do not let me sink. Rescue me from those who hate me, and from the deep waters.

14 Deliver me out of the mire, and let me not sink: let me be delivered from them that hate me, and out of the deep waters.

15 May the flood of water not overflow me Nor the deep swallow me up, Nor the pit close its mouth on me.

15 May the flood of water not overflow me Nor the deep swallow me up, Nor the pit shut its mouth on me.

15 Let neither the floodwaters overwhelm me nor let the deep swallow me up, nor the mouth of the well close over me.

15 Let not the waterflood overflow me, neither let the deep swallow me up, and let not the pit shut her mouth upon me.

16 Answer me, LORD, for Your mercy is good; According to the greatness of Your compassion, turn to me,

16 Answer me, O LORD, for Your lovingkindness is good; According to the greatness of Your compassion, turn to me,

16 Answer me, LORD, for your gracious love is good; Turn to me in keeping with your great compassion,

16 Hear me, O LORD; for thy lovingkindness is good: turn unto me according to the multitude of thy tender mercies.

17 And do not hide Your face from Your servant, For I am in distress; answer me quickly.
17 And do not hide Your face from Your servant, For I am in distress; answer me quickly.
17 and do not ignore your servant, because I am in distress. Hurry to answer me!
17 And hide not thy face from thy servant; for I am in trouble: hear me speedily.

18 Come near to my soul *and* redeem it; Ransom me because of my enemies!
18 Oh draw near to my soul *and* redeem it; Ransom me because of my enemies!
18 Draw near and redeem me; ransom me because of my enemies.
18 Draw nigh unto my soul, and redeem it: deliver me because of mine enemies.

19 You know my disgrace, my shame, and my dishonor; All my enemies are known to You.
19 You know my reproach and my shame and my dishonor; All my adversaries are before You.
19 Truly you know my reproach, shame, and disgrace. All my enemies are known to you.
19 Thou hast known my reproach, and my shame, and my dishonour: mine adversaries are all before thee.

The next two verses tell of the dark hours on the cross...

20 Disgrace has broken my heart, and I am so sick. And I waited for sympathy, but there was none; And for comforters, but I found none.

20 Reproach has broken my heart and I am so sick. And I looked for sympathy, but there was none, And for comforters, but I found none.

20 Insults broke my heart. I despaired and looked for sympathy; but there was none, for comforters, but I found none.

20 Reproach hath broken my heart; and I am full of heaviness: and I looked for some to take pity, but there was none; and for comforters, but I found none.

21 They also gave me a bitter herb in my food, And for my thirst they gave me vinegar to drink.

21 They also gave me gall for my food And for my thirst they gave me vinegar to drink.

21 They put poison in my food, in my thirst they forced me to drink vinegar.

21 They gave me also gall for my meat; and in my thirst they gave me vinegar to drink.

22 May their table before them become a snare; And when they are at peace, *may it become* a trap.

22 May their table before them become a snare; And when they are in peace, *may it become* a trap.

22 May their dining tables entrap them, and become a snare for their allies.

22 Let their table become a snare before them: and that which should have been for their welfare, let it become a trap.

23 May their eyes grow dim so that they cannot see, And make their hips shake continually.

23 May their eyes grow dim so that they cannot see, And make their loins shake continually.

23 May their eyes be blinded and may their bodies tremble continuously.

23 Let their eyes be darkened, that they see not; and make their loins continually to shake.

24 Pour out Your indignation on them, And may Your burning anger overtake them.

24 Pour out Your indignation on them, And may Your burning anger overtake them.

24 May you pour out your fury on them. May your burning anger overtake them.

24 Pour out thine indignation upon them, and let thy wrathful anger take hold of them.

25 May their camp be desolated; May there be none living in their tents.

25 May their camp be desolate; May none dwell in their tents.

25 May their camp become desolate and their tents remain unoccupied.

25 Let their habitation be desolate; and let none dwell in their tents.

- This is quoted by Peter in Acts 1:20, in reference to Judas Iscariot

26 For they have persecuted him whom You Yourself struck, And they tell of the pain of those whom You have wounded.

26 For they have persecuted him whom You Yourself have smitten, And they tell of the pain of those whom You have wounded.

26 For they persecute those whom you have struck, and they brag about the pain of those you have wounded.

26 For they persecute him whom thou hast smitten; and they talk to the grief of those whom thou hast wounded.

27 Add guilt to their guilt, And may they not come into Your righteousness.

27 Add iniquity to their iniquity, And may they not come into Your righteousness.

27 May you punish them for their crimes; may they receive no verdict of innocence from you.

27 Add iniquity unto their iniquity: and let them not come into thy righteousness.

28 May they be wiped out of the **book of life**, And may they not be recorded with the righteous.

28 May they be blotted out of the book of life And may they not be recorded with the righteous.

28 May they be erased from the Book of Life, and their names not be written with the righteous.

28 Let them be blotted out of the book of the living, and not be written with the righteous.

- "...book of life" - in order to understand the various mentions of the "book of life" in Scripture, you must first understand that there are two books

-- Here, in an imprecatory psalm, David is asking God to kill off his enemies

Two Books		
TITLE?	Book of Life	Lamb's Book of life
KIND OF LIFE RECORDED?	Physical life	Spiritual life
WHEN RECORDED?	Conception	Regeneration
WHICH TESTAMENT?	Old Testament	New Testament
SCRIPTURE?	Ex 32:32; Ps 69:28	Luke 10:20; Phil 4:3; Rev 3:5; 20:12,15

29 But I am afflicted and in pain; May Your salvation, God, set me *safely* on high.

29 But I am afflicted and in pain; May Your salvation, O God, set me *securely* on high.

29 As for me, I am afflicted and hurting; may your deliverance, God, establish me on high.

29 But I am poor and sorrowful: let thy salvation, O God, set me up on high.

30 I will praise the name of God with song, And exalt Him with thanksgiving.

30 I will praise the name of God with song And magnify Him with thanksgiving.

30 Let me praise the name of God with a song that I may magnify him with thanksgiving.

30 I will praise the name of God with a song, and will magnify him with thanksgiving.

31 And it will please the LORD better than an ox Or bull with horns and hoofs.

31 And it will please the LORD better than an ox Or a young bull with horns and hoofs.

31 That will please the LORD more than oxen and bulls with horns and hooves.

31 This also shall please the LORD better than an ox or bullock that hath horns and hoofs.

32 The humble have seen *it and* are glad; You who seek God, let your heart revive.

32 The humble have seen *it and* are glad; You who seek God, let your heart revive.

32 The afflicted will watch and rejoice. May you who seek God take courage.

32 The humble shall see this, and be glad: and your heart shall live that seek God.

33 For the LORD hears the needy, And does not despise *those of His who are* prisoners.

33 For the LORD hears the needy And does not despise His *who are* prisoners.

33 For the LORD listens to the needy and doesn't despise those in bondage.

33 For the LORD heareth the poor, and despiseth not his prisoners.

34 Heaven and earth shall praise Him, The seas and everything that moves in them.

34 Let heaven and earth praise Him, The seas and everything that moves in them.

34 Let the heavens and earth praise him, along with the sea and its swarming creatures.

34 Let the heaven and earth praise him, the seas, and every thing that moveth therein.

- God is going to bring justice to this earth some day, but justice will not be realized until He returns. What a Hallelujah chorus this will be when everything that moves praises Him!

35 For God will save Zion and build the cities of Judah, So that they may live there and possess it.

35 For God will save Zion and build the cities of Judah, That they may dwell there and possess it.

35 For God will deliver Zion and will rebuild the cities of Judah so they may live there and possess them.

35 For God will save Zion, and will build the cities of Judah: that they may dwell there, and have it in possession.

36 The descendants of His servants will inherit it, And those who love His name will live in it.

36 The descendants of His servants will inherit it, And those who love His name will dwell in it.

36 The descendants of his servants will inherit it, and those who cherish his name will live there.

36 The seed also of his servants shall inherit it: and they that love his name shall dwell therein.